



The Drug Hub Submission Guidelines

The Drug Hub (formerly the Urgent Public Health Need Sites [UPHNS] Blog) is inviting people with living/lived expertise of drug use, students, and people passionate about harm reduction to submit short written posts, as well as photo-voice, poetry, and other creative submissions. Each submission will go through an editing process with our editorial committee, composed of people who use(d) drugs, students, and healthcare providers.

Before you draft your submission, please send us a pitch (approximately 2 to 5 sentences) to uphns.blog@gmail.com for feedback. We will get back to you in 3 to 5 business days.

Submission Guidelines

We are currently accepting written pieces in an Opinion Editorial style. Please keep written submissions between 400-1000 words and include your references as hyperlinks throughout the text. We encourage contributors to treat these submissions as real academic journalism, however, we are also accepting more personal pieces, photo-voice, poetry, and any other creative submissions.

In your full submission, please include a brief biography (50 words) and a photo of yourself, along with any social media handles that you would like used for publication on our [Twitter](#), [Instagram](#), and [Facebook](#) accounts.

Below are some suggestions for topics. Contributors are not limited to these ideas and are encouraged to share what feels right for them.

Harm Reduction 101

- What do the [harm reduction principles](#) mean to you?
- Highlight a harm reduction hero in your community.
- How has harm reduction changed your life?

Trauma Informed Care

- Why is it important to incorporate trauma informed care in drug using settings?
- Tell a story about someone treating you with a trauma informed perspective.
- What's one thing everyone should know about trauma informed care?

Concurrent Disorders

- Why and how do mental health and substance use go hand in hand?
- Why is knowledge about concurrent disorders important in a UPHNS setting?
- Share an experience of how your mental health and substance use are interconnected.



Substance Use

- Write a piece about your substance use or a loved one's substance use (only with their permission).
- How do substance use and harm reduction go together?
- How would a change in drug policy like safe supply, decriminalization, or legalization change your life?

Disclaimers

Although we welcome all types of submissions, we will reject any submissions that are racist, sexist, homophobic, transphobic, ableist, and submissions that contain any other kind of hate speech and discriminatory language.

The Drug Hub uses Google services such as Gmail, Google Drive, and Google Docs to communicate, edit, translate, and publish. All accepted submissions will be uploaded onto our Google Drive and edited online by The Drug Hub Editorial Team. If you would prefer for us to find another platform to communicate and edit, please let us know in your first email, and we will find a solution.